



Taylor Sambucci, MS, RDN

Registered Dietitian Consultant

Taylor earned her Bachelor's degree in Food Science and Human Nutrition from the University of Illinois in Urbana-Champaign and later completed her dietetic internship and Master's degree in Nutrition and Dietetics through Benedictine University's dual program. Before joining Nsight Health, Taylor worked as an inpatient clinical dietitian, focusing primarily on patients admitted to the cardiology and transplant units. At Nsight, Taylor collaborates with our clinical team and providers to optimize patients' nutritional care and improve health outcomes.



Website: www.nsigthcare.com
Email: diet@nsigthcare.com



Nutrition Education Materials

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Website: www.naightcare.com
Email: diet@naightcare.com